

Private Winter Meditation Retreat

Personalized & Customized

With
Ralph Steele

In Santa Fe

Our facility is designed to support private guided meditation retreats for individuals or couples. Daily instructions will be offered by Ralph Steele, who is a meditation teacher and former Buddhist monk, with thirty years of practice experience. This retreat setting is appropriate for beginners and advanced students. The length of time the facility can be rented for depends on the property's availability. Reservations should be made several months in advance. This is a unique opportunity to create your own spiritual and wellness retreat, customizing your stay with our additional services.

Base Price: sliding fee scale: \$50 to \$175 per-person-per-day

Facility rental, amenities, meditation instructions and personal interviews as needed.

Description & Location: two bedrooms, & one bath, facility is fully furnished on 811 sq. ft. (up and downstairs), with two sitting rooms. The kitchen is equipped for two; washer and dryer; internet access; private parking; fenced yard. View Photos /Map. The Facility is located in a quiet, secluded part of the Historical District of Santa Fe, just two blocks from the downtown Plaza area. All of your needs can be met within walking distance. A rental car is not necessary; transport to and from the airport can be easily arranged.

Extras:

- Vegetarian meals---prepared and delivered.
- Private Yoga instructions
- Massage (Hot Stones, Thai, Deep Tissue, Swedish)
- Acupuncture for balancing
- Ayurvedic Medicine for detoxification and balancing

Guiding teacher: Ralph Steele has degrees in Religious Studies & Psychology; he has taught meditation retreats since 1987. He was instrumental in establishing people-of-color retreats at Spirit Rock Meditation Center, Woodacre, Ca. and Insight Meditation Society; Barrie, Mass. Ralph is a disabled Vietnam veteran; practiced in the monasteries of Burma and Thailand as an ordained monk; received training from Tibetan meditation masters, among them Kalu Rinpoche, and Lama Thubten Yeshe, as well as Hindu teachers.

Reservations & Further Information

Life Transition Meditation Center 501-(c) (3)

1-800-547-2574 or info@lifetransition.com