



THE HEALING POWER OF INTIMACY

a 3 day workshop retreat with Ralph Steele and Nicole Daedone

April 3rd - 5th, 10am to 5pm

For more information call 800.994.0041 or register online at www.onetaste.us

The Healing Power of Intimacy

Join innovative teachers Nicole Daedone and Ralph Steele for a three day exploration of intimacy, healing and awakening.

How do you cultivate intimacy in the face of trauma and unresolved pain?

What does it mean to have true healing?

In this experiential workshop, gain an understanding of what creates real intimacy and uncover the blocks that prevent its growth in your life.

Lecture, dialog, meditations and exercises will provide you with the concrete insights and tools for your journey.

Ralph Steele is the founder of Life Transition Therapy in Santa Fe, New Mexico, www.lifetransitiontherapy.com where he serves as the guiding meditation teacher and psychotherapist. He has practiced *Theravadin Buddhist* meditation for over three decades and taught since 1987. Along with his interest in preserving the Theravada tradition, he is dedicated to making the dharma available to culturally diverse populations. Ralph received his M.A. degree from the University of Santa Clara in Marriage, Family, and Child Therapy in 1979.

\$400. Scholarships available, no one turned away for lack of funds.*

Nicole Daedone is the Founder of *OneTaste Urban Retreat Center*. Mentored by Dr. Dean Barnlund, an early collaborator of *Alan Watts'*, she has written, taught and lectured for more than a decade on the relationship between language and spirituality, body and mind, and self and community. From her undergraduate and graduate work in gender studies and semantics, to her spiritual journey through Buddhism, Judaism and Theosophy, Nicole has developed a truly integrated path of healing, enabling many of her students to bring true intimacy into their daily lives.

*Especially welcome, people of color and people in recovery.



OneTaste®

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